

Sample Flowchart for VUR Management

The information is for educational purposes only and should not be considered as legal or medical advice. Always consult with a qualified professional for advice regarding your specific situation.

1ST UTI

Pediatrician discusses strategies for UTI prevention to rule out potential causes (hygiene/bathing, constipation, diet, supplements, etc.)

2ND UTI

Pediatrician recommends renal ultrasound (non-invasive/painless) as recommended by **updated AAP guidelines**, and consults parents about potential VUR in familial history.

RECURRING UTIS

Provider provides UTI prevention counseling and offers treatment options (VCUG or VCUG alternative, prophylactic abx, wait-and-see, Deflux, exploratory surgery, reimplantation surgery, etc.)

PATIENT CONSIDERING VCUG?

YES

Obtain informed consent: discuss benefits, alternatives, and short- and long-term mental and physical health risks of getting or not getting the test.

Order VCUG?

NO

Discuss maintenance plan

YES

Provide onsite trauma-informed mental healthcare for patient and family. Include in after-care summary: "Signs to look for in PTSD, etc." and referral to local CSA therapists.

Periodically check in on physical and mental health of patient and family.

NO

Another UTI?

YES

Order VCUG?

NO

Discuss maintenance plan

NO

Discuss maintenance plan (exploratory surgery, reimplantation surgery, etc.)

YES

Discuss maintenance plan (exploratory surgery, reimplantation surgery, etc.)